

# Podiatry

## What does a Podiatrist do?

Podiatrists look after and care for your feet. Podiatrist's can help people of all ages. They focus on reducing pain and preventing problems with your feet and legs.

## A Podiatrist can help you with:

- Diabetes
- Pain in your feet from arthritis or bunions
- Pain in your feet from hard skin or toenails
- Trouble with your shoes or insoles
- Tripping over while walking



## What do I bring to my appointment?

Bring the shoes and insoles you wear and want looked at. Bring x-rays or scans that you may have had. A list of your medical conditions and medications is also helpful. Please wear comfortable clothes to allow the podiatrist to look at your feet and legs.

## How can I make an appointment?



**Call 9744 4455 for more information or to book an appointment.**

