

Flexible Respite

Flexible Respite is one-on-one support provided by a trained support worker to a person who may be frail aged, have memory loss, or other medical condition which makes it hard to be home alone.

Our caring staff offer a regular three hour block of care during week days, to do things that are helpful to the person and their carer. This could be companionship at home while a carer goes out, or getting out and about in the community. We can also help people look into other respite options.



Details

- When:** 9 am–4.30 pm week days, for up to three hours
- Cost:** \$9 per session for Health Care Card holders
- Who for:** You must have a family carer who is in need of a break (respite). You may need support to be safe at home or support to access the community. A waiting list may apply.

Are you interested?

 Call us **9744 4455** for more information

You may need to register with My Aged Care if you have not already

Visit: www.myagedcare.com.au or **Call:** 1800 200 422

This service is provided through Northern Respite Services at Merri Health and funded by the Care Relationships & Carer Support sub-program of the Commonwealth Home Support Program.

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