

# The 'Social Blokes' Group

We welcome men of all abilities, with different social needs, who may have medical conditions and struggle to be part of social activities in the community.

## Group Activities

- Woodwork and other projects
- Catch up over morning tea
- Quizzes
- Social games of cards, quots, Shuffleboard, Wii and iPad
- Rotating monthly BBQ lunch or lunch outing

You will need to have an assessment in your home before starting, to check this group will suit you. You may need to wait.



## Details

- When:** Every Friday  
**Time:** 10 am – 2.30 pm  
**Where:** Sunbury Community Health  
12–28 Macedon Street Sunbury  
**Cost:** \$15 per session. Outings may cost more  
**Who for:** Available to men in Sunbury, Diggers Rest and Bulla

**We provide morning tea and lunch. We also provide transport for those who need it. The bus leaves at 9 am for pick up and leaves at 2.30 pm to take people home.**



**If you are interested in joining Social Blokes or one of our Supported Social Groups call 9744 4455**

