



Andrea Casey has started a breast cancer support group in Sunbury.

Picture: RICHARD SERONG

Women provide support

BREAST cancer survivor Andrea Casey still has to manage health issues caused by the medication that's meant to help her.

"There are things that remind me of cancer every day," the Sunbury resident said.

"But I can't let it be my main focus. I just think 'do what you can'."

That includes setting up a breast cancer support group in Sunbury, which already has 15 members after just two meetings.

"None of this is easy," Mrs Casey said.

"I think we all just have to be there for each other."

The Sunbury Pink Ladies group, supported by the Breast Cancer Network, meets at Sunbury Community Health at 7pm on the second Tuesday of each month.

"We just sit around the table with a cuppa and have a chat," Mrs Casey said.

"It is an opportunity for members to share their stories, concerns and victories in complete confidence. We

welcome women at all stages of their cancer journey."

Mrs Casey, 50, has a family history of cancer and was diagnosed herself in 2012.

"I went to the doctor with what I thought was a suspicious lump, but it turned out that it wasn't," Mrs Casey said.

"They found the cancer in another area while checking. It shows we need to listen to our bodies."

Anyone interested in joining Sunbury Pink Ladies can call [0408 808 248](tel:0408808248).