



Alcohol and Other Drug Counselling and Support

**Are you drinking too much? Do you use drugs or alcohol to cope?
Are you struggling to stop?**

This service helps people to reduce the harms that come with alcohol and other drug use. We work with you to work out and address issues about alcohol and other drug use, mental health, and other challenges in life, to help get your life back on track.

What do counsellors do?

Our counsellors are experienced and are non-judgemental, and will work with you to reduce alcohol and other drug related harms.

Our service is safe and confidential.

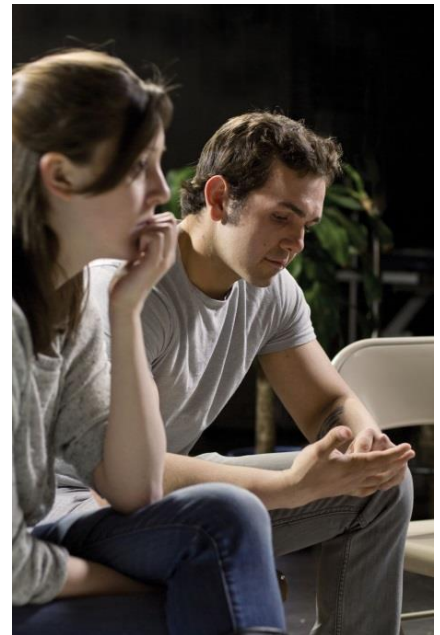
We also have a needle and syringe program, and run education and training sessions about alcohol and other drug issues.

What is the cost?

This service is free.

Who is it for?

People living in Sunbury and surrounding areas.



**Call 9744 4455 for more information or to make an appointment,
Monday to Friday: 8.30 am – 5 pm.**

