

Positive Ageing Support

At Sunbury Community Health we use our local knowledge to help older people find and use health, home and lifestyle services in their community.

As well as Home Care Packages, we also have many other services and supports to help people stay well and enjoy life as they get older.

If you, your friend, family member or neighbour could use some support, please get in touch.

- Approved Home Care Package Provider
- Services, supports and people here to help
- Community-focused and proudly not-for-profit

Contact us

Monday to Friday: 8.30am – 5pm
12 – 28 Macedon Street
Sunbury, VIC 3429



Telephone:
9744 4455



Email:
admin@sunburychc.org.au



Website:
www.sunburychc.org.au

Home Care PACKAGES

Live your way,
at home, with support from
Sunbury Community Health.



Sunbury Community Health,
Sunbury Lions Community Aged
Care and Our Village Family Childcare
are all business names of Sunbury
Community Health Centre Ltd.
ABN: 32 084 682 579 |
ACN: 136 474 916

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Support to live your way, in your home

A Home Care Package is a program of the Australian Government which supports people (generally 65 years of age or over) who wish to stay at home.

A Home Care Package provides money to buy services for you to live well and safely within your home and community. A Care Manager can help you to find and organise services.

Services may include:

- occupational therapy
- physiotherapy
- podiatry
- exercise groups
- help to shower
- social groups
- transport
- help with house work
- shopping
- gardening
- home maintenance

and many other types of help.

It's your choice

With a Home Care Package, you have choice over what services you get, where and when you get them and who you get them from.

You can also choose your Home Care Package Provider, and decide how involved you want to be in managing your package.

Your Home Care Package Provider

The money for your Home Care Package is paid to an organisation you choose. This organisation is known as a Home Care Package Provider. Your Home Care Package Provider will look after the money and organise services for you.

Sunbury Community Health can be your Home Care Package Provider.

Your Care Plan

As a Home Care Package Provider, we will work with you to develop a care plan just for you by asking about how you would like to live, the things you'd like to be able to do, your care needs and what is important to you.

The plan can include a combination of services, like occupational therapy, podiatry and home help, and other community or family supports. Just as you can choose your package provider, you also have a say in who delivers the services within your care plan.

It's all about helping you keep your independence at home, while making the best use of your Home Care Package funds.

As your needs and goals change, so can your Care Plan – it's your choice.

Costs

Some people will need to pay an income tested care fee, set by the Government. You may also pay a daily fee. **Call us and we'll talk you through cost.**

You will receive budget statements showing how your package funds have been used to buy services you have asked for.

How to get a Home Care Package

Call My Aged Care on 1800 200 422 or visit www.myagedcare.gov.au

If you need an interpreter, call the Translating and Interpreting Service on 131 450

If you have a hearing or speech impairment, call the National Relay Service 1800 555 677

When you speak with My Aged Care...

They will ask you about what you do well and what you feel you need help with. They will refer you on for further assessment.

After your assessment, you will receive a letter from My Aged Care. The letter will tell you whether you have been approved for a Home Care Package or whether you are able to access other services. It will include information on what to do next.

Once your home care package is approved...

If you would like Sunbury Community Health to be your Home Care Package Provider, call us on **9744 9232** and have a copy of your letter from My Aged Care handy.

Questions?

Call us, we can help!

If you have questions about Home Care Packages or the other services Sunbury Community Health can offer, contact us:



Telephone: 9744 9232



Email: hcp@sunburychc.org.au

Sunbury Community Health is an approved Home Care Package Provider