



Sons of the West participants Paul Hudson and Bruno Francescutti.

SUNBURY

Walking into popularity

A SUNBURY walking group is winning over new devotees with their positive outdoor message.

The Sunbury Sons and Daughters Walking Group was judged walking group of the year by the Heart Foundation. Their prize was a walk around Etihad Stadium for the recent Western Bulldogs and Hawthorn game.

Participant Phil Edwardes

said it was an experience everyone in the group soaked up. "It was such a great feeling to be on the ground and have everyone cheering and being there promoting being healthy," he said.

"It made all of us individually feel proud and our families who have seen some of the changes we've put in place."

Mr Edwardes said another seven walkers had joined

after seeing the group stroll around the stadium.

Sons of the West Sunbury is a health and fitness program for men supported by the Western Bulldogs Football Club and Sunbury Community Health. The walking group formed 14 months ago out of the program.

Details: 0498 144 763.



MELBOURNE AIRPORT.

The 2018 Preliminary Draft Master Plan for Melbourne Airport is now on public exhibition.

To help guide people through the master plan and answer any questions, Melbourne Airport will hold a **community forum**.

Details

Venue: Sunbury Memorial Hall, Stawell St, Sunbury

Date: Saturday 28 July

Time: 11am-2pm

Melbourne Airport is required to prepare a master plan every five years. On approval by the Federal Government, the 2018 Master Plan will replace the existing 2013 Master Plan. The Master Plan outlines the development of the airport over the short, medium and long-term.

To make a submission and stay up to date on the master plan, go to my.melbourneairport.com/masterplan

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