



(Dorothy James)

**JACQUIE BLIGHT AND BERNADETTE SEGRAVE**

**Great way to get moving**

Sunbury Community Health is offering free Tai Chi on the Village Green. Bernadette Segrave, who was a participant in last year's popular lunchtime sessions, continued training with Arthritis Victoria and is now a bona fide Tai Chi leader. Bernadette will help lead Tai Chi on the Green this year, together with Jacquie Blight from Sunbury Community Health.

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