



Sunbury Organic Food Co-operative volunteer packers Lila Naumovski, with daughter Jaylah, and Koula Courtot. Picture: KYLIE ELSE

SUNBURY

Co-op seeks out members

Collective hopes to grow numbers so it can offer more affordable organic food

Barry Kennedy

THE Sunbury Organic Food Co-operative is looking for new members to join its healthy food buying group.

Established four years ago, the co-operative buys organic produce from the Melbourne Fruit Vegetable and Flower Market based on individual orders each fortnight.

Members pay an annual

membership and one-off float and everyone must also volunteer.

Co-operative treasurer Christie McIntosh said while there were about 20 members at the moment, the ideal amount would be 35 to 40.

“There is strength in numbers in terms of getting some affordable food, but it does require some time and effort,” she said.

Ms McIntosh said the co-operative – which also buys groceries and household products – has members with all types of motivations.

“We find people join the co-operative for all different reasons, including the access to affordable fresh food,” she said.

“We have a couple of people who want access to organic food to deal with illness

and others who have a philosophy they would rather pay a farmer than a GP.”

Ms McIntosh said group members had forged strong bonds over its four years, with Sunbury Community Health supporting them with a room to distribute the goods on packing days.

Details: email sunburycoopenquiries@gmail.com or find on Facebook.