

Volunteers Newsletter

CEO Update

We Won Again!
December 15, 2016

The Victorian Public Healthcare Awards are our annual celebration of excellence, dedication and innovation in public health, health services and service initiatives that deliver informed and effective healthcare.

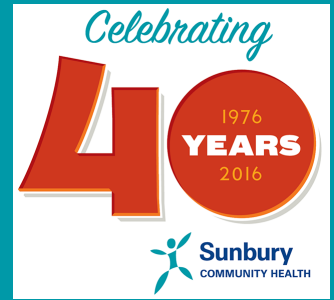
The 2016 Awards reflect priority areas in healthcare identified by the government and focus on the sectors' ability to drive change and improve health outcomes for all Victorians. These Awards recognise leadership and excellence in the provision of publicly-funded healthcare for the Victorian community, and include Victoria's most prestigious accolade - the Premier's Health Service of the Year Awards.

Sunbury Community Health has won the 2016 Victorian Premier's Primary Health Service of the Year, for the second consecutive year.
 Congratulations to staff,

the leadership team and our many volunteers who all contribute in our work providing excellent health services to the Sunbury community!



Left to Right: Janelle Parry (Director), David Cook (Director), Phillip Ripper (CEO), Peter Donlon (Board Chair), Lisa Tricarico (Exec Manager People & Culture), Bernie Hetherington (Exec Manager Building Healthy Communities) and Ross Buchanan (General Manager Corporate Support and Infrastructure)



"Weaving a stronger social fabric"

At Sunbury Community Health, we help our clients stay as active, connected and independent as possible...

We do things with clients and not for clients.

Board Vacancies – Company Directors at SCH

If you or someone you know is interested in becoming a Board Member, we are currently seeking expressions of interest.

We are seeking energetic and community minded Company Directors.

You may have governance skills gained through executive role or other Directorships and/or you may have a passion for communities with deep local connections. You will volunteer as part of a team providing exceptional governance for our independent, community controlled, not-for-profit organisation.

Contact Helen Edwards, Executive Assistant on 9744 9505 or Helene@sunburychc.org.au for further information.

A New Name for Family Day Care

The Family Day Care Unit as part of its focus on improving marketing to potential Educators and families is making significant changes to its public presentation. A new name; 'Our Village Family Childcare' becomes official on December 5th. This involves a very significant amount of work for the Family Day Care team, primarily due to the enormous number of different documents which need to be replaced.

The new logo is now finalised (see below) – and will need to be incorporated in all our documentation



The framework for a new Website has been designed, and this will become a central tool for marketing, as well as for some of our future operational processes

www.ourvillagefamilychildcare.org.au

We are making our service more accessible to parents outside our traditional areas (but still within reach of Sunbury). Establishing a stronger presence in Craigieburn is our initial priority, and we are actively engaged with our service-delivery site and community services partnership there (Connections@Craigieburn, and Connections@Hothlynn)

SCH Orientation 'Welcome Day'

If you have not already attended, dates for orientation for 2017 are Wednesday 15 March, Friday 15 June, Tuesday 12 September and Monday 4 December.

These are hosted in the Lotherington Rooms, 12 Macedon Street, and start at 9.30 am and finish for volunteers around 2.30 pm. Meet staff and other volunteers, find out all that is new with SCH, have the CEO cook lunch and enjoy a tour. To book your place, complete the below form and return to me or call me on 9744 9556.



Orientation 'Welcome Day' Expression of Interest Form		
Please return to Volunteer Coordinator		
Name:		
Home Phone:		Mobile:
Email Address:		
Current Areas/Programs:		
Please Tick	Definitely book me in	Tentatively book me in
Wednesday, 15 March	<input type="checkbox"/>	<input type="checkbox"/>
Friday, 15 June	<input type="checkbox"/>	<input type="checkbox"/>
Tuesday, 12, September	<input type="checkbox"/>	<input type="checkbox"/>
Monday, 4 December	<input type="checkbox"/>	<input type="checkbox"/>

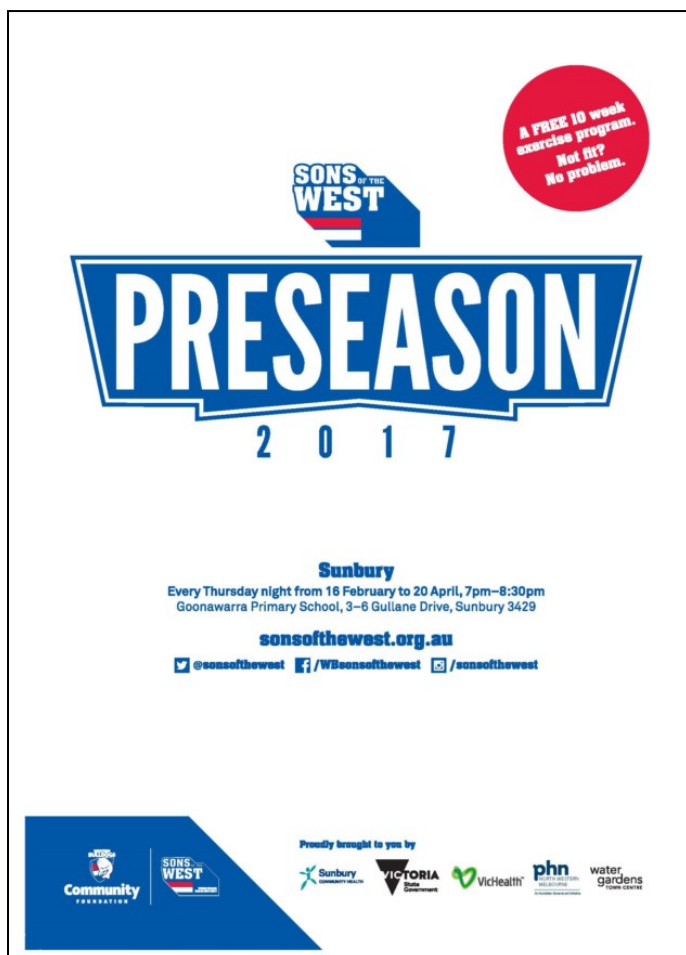
Family Violence Packages – now more broadly accessible

For the last year or so, the Counselling Unit has been able to offer Flexible Support packages to women and children impacted by family violence (Family Support packages are also being delivered). These packages may be spent quite flexibly on a broad range of items and services which relate to the impact of violence.

Packages averaging around \$3,000, and up to \$7,000, have proved very successful, and the Victorian government has now increased the funding, which has dramatically increased the number of packages available, AND broadened the criteria for allocation. So now, these packages may be allocated to victims of elder abuse, adolescent abuse, same-sex family violence, and possibly other related situations.

Packages are delivered as part of our Alliance arrangements in Integrated Family Services, and we access them through Kildonan Uniting Care. **Please contact our Counselling services on 9744 4455 for further information.**

Sons of the West is Coming to Sunbury



The poster features the 'SONS OF THE WEST' logo at the top, with 'PRESEASON' in large blue letters and '2017' below it. A red circular badge says 'A FREE 10 week exercise program. Not fit? No problem.' Below the main text, it lists the location as Sunbury, the schedule as every Thursday night from 16 February to 20 April, 7pm-8:30pm at Goonawarra Primary School, and the website sonsofthewest.org.au. Social media handles for Twitter, Facebook, and Instagram are also provided. At the bottom, logos for Sunbury Community Health, Victoria State Government, VicHealth, phn, and water gardens are displayed.

Sons of the West a FREE men's health program run by the Western Bulldogs Football Club, kicks off in Sunbury on Thursday, 16 February.

The preseason will focus on your physical health. You can join the program at any time – simply come down on a Thursday evening and we will take care of the rest.

When: Every Thursday from 16 February to 20 April (10 weeks)

Time: 7 – 8.30 pm

Where: Goonawarra Primary School, 3–6 Gullane Drive, Sunbury

Who for: Males living in Sunbury and surrounding suburbs

What to bring: A water bottle and comfortable clothes to exercise in

For more information contact Sunbury Community Health, Adam 9744 4455 or Sons of the West, website: www.sonsofthewest.org.au | e-mail: info@sonsofthewest.org.au | phone: 9680 6355

Vale Jim Mason (May 1932 – January 2017)



A highly respected man, Jim was a vibrant, independent thinker and a strong role model for many young people over the years. Jim is survived by his wife Miriam, daughter Yvonne and son Nigel and their extended family.

Born in England, Jim had a life full of great experiences – He was ex British Army, Royal Electrical Mechanical Engineer Corp soldier serving in both Singapore and Germany.

When arriving in Australia Jim made a home for his family in Altona.

Jim worked for an Engineering firm, which were responsible for the installation of some great pieces of modern architecture around Melbourne including the Art Centre Spire (which Jim’s grandchildren fondly referred to as “Poppy’s Tower”).

From the 1960’s to 1990’s Jim was heavily involved as a volunteer with Melbourne Museum and Scienceworks, his local Scouts group, Neighbourhood Watch, School Committees and Local Library.

Jim and Miriam moved to Sunbury in the late 90’s to be nearer to their Grandchildren and Jim commenced volunteering at SCH in the early 2000’s. Jim’s passion was knowledge and communication –

sharing and working with others often how to resolve intricate problems arising from the creation of wonderful wood turned and manufactured items in our Men’s Shed. Jim’s other passion was proudly hosting the annual Men’s Shed Christmas Raffle, encouraging everyone to purchase a ticket and win one of the wonderful toys or items made in the Shed. Men’s Jim also assisted with the Over 50’s club and Friday’s Social Blokes. A champion jokester; Jim held a long term desire to write his own Joke Book and would often share his latest joke with anyone who listen, often sharing the laugh and leaving them with a smile on their face.

A long term volunteer Jim was a much admired member of Sunbury Community Health. He will be sorely missed. We mourn his passing but celebrate his life. Vale Jim.

Welcome and farewell to SCH volunteers

We welcome the following new volunteers which have commenced at SCH since June 2016 to January 2017:

Angela, Bernadette, Glenn, Heather, Margaret F, Margaret M, Sandra, Vanessa

We hope you have a

wonderful time assisting and supporting your community.

We farewell the following volunteers who have retired from volunteering at SCH since June 2016:

Fay – 19 years

Helen – 16 years

Jan—18 years

Jo – 6 years

Paul – 10 years

Peter—10 years

We thank you for the wonderful assistance and support you have provided to your community!

Save these Event Dates in Term 1 and 2

Sunfest

Friday, 17 March – Sunday, 19 March

For information visit: www.sunfest.org.au or call us on 9744 4455.

National Volunteer Week Celebration Lunch

Tuesday, 9 May

Celebration Lunch – Tuesday 9 May at Relysh Bistro (formally known as the Station Family Bistro, Sunbury). Invitations will go out mid-April.

Australia's Biggest Morning Tea (ABMT) – 'Sunbury Great Bake-Off Challenge'

Thursday, 25 May

Bring your best baked goods to Rainbow Court, Sunbury. For further information please contact me on 9744 9556.



Cancer
Council

Australia's
Biggest
Morning
Tea



We LOVE our Volunteers Afternoon Tea Party

We are so thankful and pleased that so many of you were able to come along to our very first social gathering for volunteers on Valentines Day.

We're hoping these gatherings are a way for you to meet fellow volunteers and also a way for us to say thank you for the work that you do across our organisation!

This gathering also gave us an opportunity to ask those in attendance for some feedback, thoughts and ideas in the lead up to our new Strategic Plan. All of the information has been captured and will be reported to our Board and Executive team to assist with future planning. Many of the suggestions will be forwarded directly to relevant staff members as well. Some of the general themes were: parking is difficult at SCH in particular for volunteers on their days of volunteering; ideas and suggestions for communicating and advertising our services including volunteering opportunities were many; more social gatherings for our volunteers (tick!), volunteers invited to participate in training opportunities such as first aid.


We'll keep you informed of the next Volunteer Gathering but until then thank you, thank you thank you!

12–28 Macedon St
Sunbury VIC 3429

Phone: 9744 4455

Fax: 9744 6777

www.sunburychc.org.au

 facebook.com/sunburych



Please note

Sunbury Community Health (Macedon Street) will be closed on:

- ♦ **Monday, 13 March** – Labour Day
- ♦ **Friday, 14 April & Monday, 17 April** – Easter Break

Change of Details

It is important to stay in touch, if any of your details changed ie: new phone number, home address, email address etc. please advise using the form below. Thank you.

Change of Details Form to be returned to Volunteer Coordinator @ SCHC	
Personal Details	Please insert NEW details only.
First Name:	
Surname:	
Address: Home/Postal	
Home Phone:	Mobile:
Email Address:	
Availability: Please circle	Monday am/pm/Tuesday am/pm/Wednesday am/pm/Thursday am/pm/Friday am/pm
Alter information regarding Program:	