

Western Continence Service

Experiencing problems with your bladder and bowels is a common problem that affects 1 in 4 Australians. There are many reasons why problems happen with the bladder and bowel. It can be an embarrassing, frustrating and costly problem for you. At the Western Continence Service (WCS) we will try to treat and help you with managing your bladder and/or bowel problems.

The Western Continence Service team has

- Doctors
- Continence Nurses
- Continence Physiotherapists
- Reception Staff

Who can use the service?

- The service is available for anyone over the age of 16
- Anyone with bladder and/or bowel problems who live in the Western region (City of Brimbank, Hobsons Bay, Wyndham, Maribynong and the Shire of Melton)

What services do we offer?

At your appointment we will discuss the bladder and/or bowel problems you are having. We may do some special tests that can help with finding out what the problem is.

We will also provide advice and education about

- Living with bladder and bowel problems
- Bladder training
- Pelvic floor muscle review and training
- Bowel management
- Toileting programs
- Specific management techniques recommended by Doctors
- Advice about continence pads and equipment

Applications for funding schemes (if you are eligible) can also be done for

- State Wide Equipment Program
- Continence Aids Payment Scheme
- Department of Veterans Affairs

How do we operate?

- Appointments are available at Sunshine Hospital, Sunbury Day Hospital and Williamstown Hospital
- Home visits (by a Nurse) are available if necessary
- Urodynamic Studies (Bladder test) are performed at Sunshine Hospital
- There is no fee
- Interpreters are always used if needed

How can a referral be made?

You will need to get a referral from your General Practitioner, Medical Specialist or Allied Health Professional.

Please fax or send your referral to:

Mail: Western Continence Service
Sunshine Hospital
176 Furlong Road
St Albans VIC 3021

Phone: 8345 1355

Fax: 8345 0777



How do I get an appointment?

Once we have your referral we will send you a letter telling you we have received it. We will then contact you by phone to make an appointment.

What if I need to change my appointment?

If you need to change your appointment, please telephone our staff at the Specialist Clinic Administration on

Phone: 8345 1355

When are we open?

Monday- Friday 8:00 am - 4:00 pm
(We are closed on public holidays)

WESTERN HEALTH
Western Continence Service
Sunshine Hospital
176 Furlong Road
St Albans VIC 3021
Ph: 83451355

WESTERN CONTINENCE SERVICE

Information for Patients/ Carers



*Reviewed by the Consumer Information Review Panel, September 2013
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Western Health

Together, caring for the west

We value your feedback. If you think this information could be improved please call 8345 1302.



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